



WHITE ROSE WEEKEND 2012

The *original* orienteering holiday weekend – 24th to 27th August 2012



WEEKEND PROGRAMME

The top team that is bringing you this year's White Rose Weekend:

Stuart Fraser (EBOR)	Planner: Saturday and Sunday Classic distance races
Steve Corrigan (EBOR)	Planner: Saturday Night Score race, Friday & Saturday Sprint race and WR quiz compiler
Jeff Harris (EBOR)	Planner: Monday team score race
Dave Lloyd (EBOR)	Planner: Monday MBO
Peter Roberts (EBOR)	Planner: Trail-O
Steve Whitehead (EBOR)	Planner: Labyrinth
Mike Ridealgh (EBOR)	Day Organiser: Saturday, Sunday & Monday
Steve Willis (EBOR)	Day Organiser: Monday MBO
Suzanne Relton (EBOR)	Entries Secretary
Paul Taylor (CLOK)	Controller – Classic Distance races and Team Score race
Dennis Hooton (EBOR)	Controller – Night Score and Sprint race
Christine Roberts (EBOR)	Controller – Trail-O
Paul Taylor (CLOK)	Surveyor and Mapper
Bill Griffiths (EBOR)	White Rose 2012 Event Director

...and

Phill & Lorraine Batts	Campsite Managers
David & Suzanne Relton	IT & Systems Managers
Dennis Hooton	Equipment and Logistics Manager
Dave & Pam Brown	Registration Managers

...and 50+ volunteer helpers from **AIRE, CAPREL** (Switzerland), **CLARO, CLOK, COMA** (Spain), **EBOR, NYMBO, SAX, SYO** and **UYOC**.

We are also particularly grateful to **Forest Enterprise, Lord Downe, Lord Derwent and Mr Alex Smith** for their help and support in staging the event weekend.

White Rose endeavours to provide an enjoyable and very full weekend of orienteering activities. To help everyone get the best from the weekend, this programme leaflet has been designed to provide as much information as possible and we hope it will be useful.

This programme is divided into sections as follows:

- A. *OVERALL WEEKEND STRUCTURE, ASSEMBLY AND CAMPSITE*
- B. *SPRINT RACE – FRIDAY 24th & SATURDAY 25th AUGUST 2012*
- C. *CLASSIC DISTANCE RACES – SATURDAY 25th AND SUNDAY 26th AUGUST 2012*
- D. *TRAIL-O – SATURDAY 25th AND SUNDAY 26th AUGUST 2012*
- E. *NIGHT SCORE RACE – SATURDAY 25th AUGUST 2012*
- F. *TEAM SCORE RACE – MONDAY 27th AUGUST 2012*
- G. *TERRAIN*
- H. *MAPS*
- I. *LABYRINTH*
- J. *MBO SCORE RACE – MONDAY 27th AUGUST 2012*
- K. *PRIZES*
- L. *RESULTS*
- M. *“SMALL PRINT”*

A. OVERALL WEEKEND STRUCTURE, ASSEMBLY AND CAMPSITE

The weekend is being staged in and around Wykeham Forest, 8km² of beautiful broadleaf and part coniferous woodland along the scarp of Lonely Troutsdale, the afforested Wykeham plateau and Halleykeld Rigg.

The area is 11km west of Scarborough, 13km east of Pickering and 5km from the A170 road at Brompton-by-Sawdon.

- The campsite and assembly will be located at **Park Farm**, on the edge of the forest on Moor Lane in a single large meadow.
- The Sprint Race will be held in **Fairy Wood** – complex small woodland adjoining the assembly field.
- The two Classic Distance Races on Saturday and Sunday will be held in forest as follows:
 - On Saturday in **Wykeham Forest**, mainly on the plateau and NE scarp. Shorter courses will be on **Halleykeld Rigg**.
 - On Sunday on **Troutsdale Brow** and the western part of **Wykeham Forest**.
- The Trail-O will be held on **Halleykeld Rigg** and at **Park Farm** on Saturday and in **Wykeham Forest** on Sunday.
- The Labyrinth/Maze will be in the assembly field.
- The Night Score race will be held in the far eastern part of Wykeham Forest. Participants will travel there by car.
- The Team Score race will be held in Wykeham Forest, close to the assembly.
- The MTB score race will be held on a much wider area, mainly north of the foot-O areas including Wykeham and Broxa Forests.

All races and activities have been planned to provide an enjoyable and rewarding experience for everybody. Classic Distance races on Saturday and Sunday have been planned to British Orienteering event level B standards and the five other races (night, sprint, team, trail-O and MTB) to the highest standards possible.

All races will use SportIdent electronic punching, and SI dibbers can be hired from registration for £1.00 / day for seniors and 50p / day for juniors.

The **event assembly field and campsite** is located at Park Farm, 5km N of Brompton-by-Sawdon at grid reference [SE932867](#) on OS Landranger 101 or OS Explorer OL27.

The only route to the event is from the A170 at Brompton-by-Sawdon village centre passing through Sawdon village. Please do not approach along the minor road from Wykeham village.

From the south, you can reach Brompton from the A64 (York/Malton) or B1249 (Driffild). From the north, there is little alternative but to join the A170 at Thirsk, Helmsley, Pickering or Scarborough.

Whichever way you arrive, remember that bank holiday traffic may be slow on the A64 east of York and on the approach to the coast, so allow extra time.

If using sat-nav, set it to 54°13'40.24"N 0°32'58.23"W or postcode YO13 9DA. This should take you without problems to the A170/Sawdon Lane turn-off in Brompton-by-Sawdon. From here, turn your sat nav off, and follow O signs for 5.1km to the assembly field.

Nearest public transport is at Brompton-by-Sawdon (hourly bus number 128 from Scarborough and Pickering). It is 5.1km from Brompton to the event. Nearest train station is Seamer, 12km distant. Hourly trains from Manchester, Hull, Leeds and York.

Mobile telephony at Park Farm is intermittent.

Weekend timeline

	Friday 26 th	Saturday 27 th	Sunday 28 th	Monday 29 th
Campsite/assembly hours	1600 – 2200hrs	0800 – 2200hrs	0800 – 2200hrs	0800 – 1700hrs
Campsite registration	1600 – 2200hrs	0900 – 1200hrs		
Races registration	1700 – 2000hrs	0900 – 1130hrs 1230 – 1400hrs 1500 – 1700hrs	0900 – 1130hrs 1230 – 1400hrs 1500 – 1600hrs	Closed
General Enquiries	1700 – 2000hrs	0900 – 1700hrs	0900 – 1500hrs	0900 – 1200hrs
Informal Sprint start times courses close	1830 – 1930hrs 1945hrs	1400 – 1500hrs 1515hrs		
White Rose Quiz entries deadline			1200hrs	
Trail-O start times courses close		1500 – 1800hrs 1900hrs	1100 – 1430hrs 1530hrs	
Classic distance races start times courses close		1000 – 1400hrs 1600hrs	1000 – 1400hrs 1600hrs	
Labyrinth/Maze		1000 – 1400hrs	1000 – 1400hrs	
Night Score mass start courses close		2100hrs 2145hrs		
Team score start times courses close				1015 – 1045hrs 1200hrs
MBO score registration start times courses close				1230 – 1345hrs 1300 – 1400hrs 1730hrs
Prize giving / Presentations			1630hrs	1200hrs
BBQ			1800hrs till late	

The **White Rose Campsite** will be available at Park Farm from 1600hrs on Friday 24th August till 1700hrs on Monday 27th August. Campers should register on arrival with the site manager – open from 1600hrs on Friday evening – whether pre-booked or not. Please do not arrive before 1600hrs on Friday as we won't be ready for you and there is no space for roadside waiting in Moor Lane. You must arrive and register no later than 1200hrs on Saturday – or contact us in advance (wr2012organiser@gmail.com) if later arrival is expected.

The campsite fee includes parking at the event, and campers will be provided with a parking sticker that should be displayed on your vehicle's windscreen.

Please park your van or pitch where requested leaving space for access to the campsite toilets by the service contractor. There will be a "youth camp" available in a far corner of the field! There must be no open fires at the campsite – apart from safety considerations, our agreement with the landowner prohibits them. All adjacent fields and woodland are out of bounds except in competition.

Toilets, water and a waste skip will be provided, as well as a tank for disposal of camper van toilet waste. Please don't pour this waste into the toilets.

It is the responsibility of campers to have fire-fighting materials to hand. The organisers will provide a number of water buckets, but it will be impractical to provide sufficient water in the right place to cover all possible incidents.

Vehicle access to the campsite will be available from 0800 – 2200hrs daily. Any vehicles arriving after 2200hrs must be parked in the day parking area. In addition, **vehicle exit will be impossible between 0930 and 1230 on Saturday and Sunday**, due to the narrow access to the field and the high volume of traffic entering at that time.

For the benefit of all, White Rose campers are asked to keep noise to a minimum after 2200hrs.

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The **car park** for non-campers will also be adjacent to the camping field. A parking fee of £1.00 per vehicle per day will be payable on entering Park Farm. Please have the correct cash ready and park where directed by marshals.

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A range of **facilities** will be available for all at the event. These include O-traders including **“O-Nosh”** with a great new menu as well as **Ultrasport** and **CompassPoint**. Please support them. On Saturday and Sunday, **Lawrie Phipps** will be selling his original photographs and postcards to raise money for Birdlife Malta.

Dogs are permitted in the assembly/camping field only and must be kept on a lead. Under no circumstances are dogs permitted on courses. There are sheep grazing in fields close to the campsite and courses – please take great care with your dog.

Competition registration will be available in the marquee and will be open on Friday evening from 1700 – 2000hrs as well as on Saturday and Sunday morning, and again each afternoon. The registration team will help with all competition entries, pre-entries enquiries, team score registration, SI card hire and other competition related enquiries.

Any changes made to pre-entry details (courses/classes/SI card numbers etc) after midnight on 20th August will incur a charge of £3.00 per change.

General enquiries (tourist information, O enquiries, help for novices, tee-shirt sales etc) will be available on Friday from 1700 – 2000hrs, Saturday and Sunday from 0900 – 1700hrs (1500hrs on Sunday) and Monday from 0900 – 1200hrs. The general enquiries team will help with information about the sport, the region, and provide general advice on après-O activities in the area. They will also look after competitors’ car keys and advise any newcomers to the sport.

As this is the 40th anniversary of the first ever White Rose Weekend in 1972, we will be selling **celebration tee-shirts**. In a tasteful ruby red, with a list of all White Rose weekends on the back. We are selling these as close to cost as we can – only £5.00 each and available from General Enquiries – hurry while stocks last. Not available in advance.

A **First Aid** box will be available throughout the weekend at General enquiries, as well as at the finishes of the Saturday Classic Distance event. However, on Saturday and Sunday between 1030hrs and 1600hrs, **St John Ambulance** will additionally be present in the Assembly area adjacent to Enquiries.

The infamous **White Rose Quiz** will be available from Friday evening. £1.00 each to enter - proceeds to Cancer Research. Ask at General enquiries for a form. Fantastic prizes!

A **Barbecue** will be organised on Sunday evening and all White Rose participants are invited to attend. Bring your own food and drink (and maybe chairs – we never have enough) – we will provide the fire and charcoal. All are welcome - in the marquee if wet!


This White Rose Weekend is the 40th Anniversary of the first ever White Rose – in Lownorth Park in August 1972. **Birthday Cake** for all made specially by Balderson’s Bakery of Thornton-le-Dale. . (It will be available at download on Saturday – don’t miss out. For convenience and hygiene, each slice will be individually packaged.)

Toilets will be provided in the campsite and assembly area, as well as a **waste skip**. However, please help us by taking as much waste as possible away with you. Anything left in the skip should be flattened to minimise the space it occupies. A **water supply** will be provided in the campsite field for campers only. This water is fresh and clean, drawn from a private bore hole supply to the farm (albeit from a stock feeding supply pipe) and supplied using a combination of direct feed and bowsers.

We are grateful to Simon Peers, Steve Hall and **North Yorkshire Scouts Event Support Team** for their help in managing the water supply for White Rose 2012 and also providing us with their excellent marquee.

Scarborough and Pickering have heated **swimming pools**. Both have showers.

B. SPRINT RACE – FRIDAY 24th & SATURDAY 25th AUGUST 2012

CC	The start and finish will be in the assembly area close to each other	
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The **Sprint Event** will start on Friday evening with starts from 1830 to 1930hrs, and will then continue on Saturday from 1400 to 1500hrs, mainly for people that arrived too late on Friday or on Saturday morning.

The race will be held in woodland adjacent to the assembly area. No fixed start times – register in the marquee (if not pre-entered) and then just turn up and go.

Registration will be open from 1700hrs on Friday and again from 0900 to 1130hrs and 1230 to 1400hrs on Saturday to take late entries, subject to map availability. Entry fee just £2.00 for seniors and £1.00 for juniors. Courses close at 1945hrs on Friday and 1515hrs on Saturday. Arm and full leg cover is required – ticks are rampant round here! So are adders – watch out!

The format will be a short race in a small complex area of forest that is not being used for the Classic distance races. Length 1.5km with minimal climb. Accurate navigation will be essential with winning times well below 10 minutes.

Map scale 1:2000 on A4 sheet with **contour interval 1m**. Start and finish in the Assembly field.

Prizes will be awarded to the first three senior men, first three senior women, first three junior “men” and first three junior “women” (M/W14 and less)

C. CLASSIC DISTANCE RACES – SATURDAY 25th AND SUNDAY 26th AUGUST 2012

Two Classic distance races will be held on Saturday and Sunday. Start times will be from 1000hrs to 1400hrs with courses closing at 1600hrs.

Competitors that have not pre-entered for classic distance courses will be welcome and will be accommodated subject to map availability. Entry fees (on the day) are £16.00 per day for seniors and £7.00 for juniors. (Senior members of British Orienteering or Yorkshire & Humberside OA can claim a £2.00 discount on the senior rate).

Classic distance courses have been organised by colour – in accordance with British Orienteering guidelines. You can enter for any course you like, however in order to qualify for a White Rose trophy, you must run a course applicable to your age group/gender – as per the table given on page 5. Please enquire at registration if you want to change the course you run.

On both Saturday and Sunday, there will be two starts. However as some courses use different starts on different days, starts have colour designations – (Lilac, Purple and Cerise)

On Saturday, there will be two finishes, however on Sunday all courses will finish in the assembly field. Check the course details below to identify which start applies to your course and how to reach it from the assembly field/car park. Note that course details are subject to final controlling.

Course	Saturday			Sunday			Start	Control descriptions
	Length km	Climb m	controls	Length km	Climb m	controls		
Black	8.8	250	30	8.4	285	29	Lilac	Pictorial
Brown	7.8	310	28	7.3	210	26	Lilac	Pictorial
Short Brown	7.0	215	24	6.6	190	21	Lilac	Pictorial
Blue	6.1	145	23	5.3	120	26	Lilac	Pictorial
Short Blue	5.4	90	20	4.4	120	22	Lilac	Pictorial
Green	4.3	80	18	4.4	25	23	Purple	Pictorial
Short Green	3.4	65	14	3.6	25	17	Purple	Pictorial
Very Short Green	2.7	25	12	2.8	15	16	Cerise	Pictorial
Light Green	3.2	20	13	3.7	20	16	Purple	Pictorial
Long Orange	3.8	25	15	4.1	35	20	Purple	Textual
Orange	2.6	35	12	2.6	25	15	Cerise	Textual
Yellow	1.7	35	7	2.0	15	10	Cerise	Textual
White	1.2	20	9	1.2	15	7	Cerise	Textual

Details of the start and finish locations and estimated distance to and from car park/assembly/competition centre (CC) are shown on the following graphics.

You must not attempt to travel to the starts or from the finishes by any means other than walking the marked route.

(CC = appropriate exit from assembly field)

SATURDAY COURSES USING LILAC & PURPLE START				
CC	→	2.4km level walking – max 10m climb		→ Δ
⊙	→	2.1km level walking – max 10m climb		→ CC

SATURDAY COURSES USING CERISE START				
CC	→	0.1km level walking – <5m climb		→ Δ
⊙	→	0.3km level walking – max 10m climb		→ CC

SUNDAY COURSES USING LILAC START				
CC	→	2.1km level walking – max 15m climb		→ Δ
⊙		Finish is in assembly area		CC

SUNDAY COURSES USING PURPLE & CERISE START				
CC	→	0.6km level walking – <5m climb		→ Δ
⊙		Finish is in assembly area		CC

White Rose Trophies are awarded on results based on the cumulative times for Saturday and Sundays Classic Distance Races. Prizes (iconic mugs!) will be awarded to the first three in all age-group classes. To qualify for a White Rose trophy:

- Competitors must have entered for both days prior to closure of registration on Saturday morning.
- Have balanced start times across the two days. (We take a flexible approach to start times – it is therefore the responsibility of the competitor to ensure that their start time is balanced – if you are late on one day – you must be early on the other – and vice versa)
- Must run the colour course applicable to their class as follows:

Black	M21L
Brown	M35L, M40L
Short Brown	M18L, M20L, M45L, M50L, W21L, M21S
Blue	M16A, M55L, M60L, W35L, W40L, M35S, M40S
Short Blue	M65L, W18L, W20L, W45L, W50L, M18S, M20S, M45S, M50S, W21S
Green	M70L, W16A, W55L, W60L, M55S, M60S, W35S, W40S
Short Green	M75L, M80, W65L, W70L, W75L, M65S, W18S, W20S, W45S, W50S
V Short Green	W80, M70S, M75S, W55S, W60S, W65S, W70S, W75S
Light Green	M14A, W14A, M16B, W16B
Long Orange	M21N
Orange	M12A, W12A, M14B, W14B, W21N
Yellow	M10A, W10A, M12B, W12B
White	M10B, W10B

Each year, we buy over **300 White Rose mugs** for distribution to 700 – 800 entrants (i.e. about 40% average chance of getting one!) yet each year many are unclaimed. *It may be you* – so if you have to leave before the prize giving, get a friend or club-mate to collect your trophy on your behalf.

The **Yorkshire Water Trophy** is awarded each year to the Family with the best performance over the Day 1 and Day 2 Classic Distance Races. It is awarded to the Family (defined as three members of the same family to include at least one Junior running M/W20 or less and at least one senior running a colour course applicable to their class) with the lowest aggregate score over the 2 days in any Classic distance race class (1 point for first place, 2 for second, 3 for third etc.).

Registration for this competition must be made free of charge on Saturday using a special entry form that can be collected from General Enquiries. You should return the completed form to General Enquiries before 1230hrs on Saturday.

We would be grateful if the winners of the trophy last year could return it to General Enquiries on Saturday.

Start times for Classic Distance races have been pre-assigned. You will find details of start times at www.whiteroseweekend.org.uk from 21st August. Details will also be on display at assembly. Competitors should adhere to pre-assigned start times although late starters will be accommodated at the discretion of start officials. SI punching starts will be used at all races apart from the night score and team score which will have mass starts.

It is not possible to run a novice course, or to shadow a junior before running a competitive Classic Distance race.

On all courses, please be courteous to walkers, cyclists and horse-riders that you may meet in this popular holiday area.

Novice courses will be available at the Classic distance race on Saturday and Sunday for informal competitors, non-orienteering partners and beginners. We especially welcome entrants for these courses and Long Orange, Orange, Yellow and White standard courses (for novice adults and juniors) will be available both days. Registration for these courses can be made in the marquee at any time and a special newcomer's discounted entry fee will be applied.

Event timing will use SportIdent. However all controls will also have a pin punch and in the event that any control unit fails to record (bleep/flash), then your map should be punched to confirm you went there.

Clothing drops/returns

Saturday lilac & purple start – there is a clothing drop approx 400m before the start and close to the finish. Clothing left here will not be removed – collect it after your run.

Saturday cerise start – not provided as start and finish are close to assembly.

Sunday lilac start – clothing will be returned to the assembly from a point 200m before the start. (Allow at least 1 hour)

Sunday purple & cerise start – no clothing reclaim, difficult vehicle access and relatively short walk to start.


On Sunday's lilac start, please pack your clothing in the bag provided noting its number on the label attached.

No clothing return will be available (or necessary) at the Sprint, Trail-O, Night score or Team Score.

Water will be provided for all competitors at all classic distance race finishes. Water will also be provided part way round the longer Classic distance races on Saturday and Sunday and location details will be provided on competition maps.

We will provide **waste sacks** at all Classic distance race starts for participants to dump drink bottles.

D. TRAIL-O

CC	The start and finish are in the NE corner of the assembly field	
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On both Saturday and Sunday there will be a short trail-O course, each taking about 30mins. Entry on the day (subject to map availability) will be available at registration in the main marquee for participants that have not pre-entered. Entry fee is just £2.00 for both days (£1.00 for juniors). No discount if you only do one day! The start will be at the same location each day in the NE corner of the assembly field. **Bring your compass and dibber.**

On Saturday afternoon starts will be from 1500 to 1800hrs with the course located in Halleykeld Rigg and in the private grounds of Park Farm. On Sunday morning, starts will be from 1100 to 1430hrs and the course will be along Moor Lane and part of Wykeham Forest. Courses close at 1900hrs on Saturday and 1530hrs on Sunday.

Special map based on Paul Taylor's map and adapted for WR2012 trail-O by Peter and Christine Roberts. A5 map printed on Pretex paper at a scale of 1:2500.


Expert help will be on hand for anybody new to Trail-O that would like advice. There will also be an information sheet with advice and tips. The document on the IOF website 'technical introduction to trail orienteering for experienced foot orienteers' is useful preparation. Go to www.orienteering.org/trail-orienteering/event-organising/organisers-guidelines/.

At each of the two events there will be seven control groups. You decide which is the correct flag of the group on view and move on to the next one.

At the end of each course there will be a final timed control at which you will be faced with a tableau of 5 flags, one of which matches the circle and description presented to you on the map extract. However if you choose incorrectly here you will also have a 60sec penalty.

Aggregate results over the two days will be calculated and prizes will be awarded to the top 3 in each of the following classes: Young juniors (M/W12-), JM/JW (M/W14-16), SM/SW (M/W18-45), VM/VW (M/W50+).

E. NIGHT SCORE RACE – SATURDAY 25th AUGUST 2012

CC	The start and finish will be approx 5.2km distant. Travel there by car. Directions will be provided to a forest road where there will be linear parking.	
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The night score race will be a 30 minute fun event in the dark in the far eastern part of Wykeham Forest.

Competitors that have not pre-entered for this event can register on Friday evening or Saturday up to 1700hrs, subject to availability of maps. Entry fees are £7.00 for seniors and £2.50 for juniors. (Senior members of British Orienteering or Yorkshire & Humberside OA can claim a £2.00 discount on the senior rate).

Participants will need to drive to the start with linear parking on a forest road. This is a 5.2km drive. The start/finish is adjacent to the forest road. Full details/directions available for entered competitors on Saturday afternoon, as well as limited O-signing from the assembly. Call up will be at 2045hrs.

Mass start at 2100hrs. There will be 30 Controls with all controls worth 10pts each and 5pts penalty for every minute or part of minute late. Anybody 15 minutes late or more will lose all their points. Around 50% of the controls are on paths/tracks for juniors, while the rest are more technically difficult.



(If anybody walks or cycles to the night event, it is imperative that they identify themselves to the start team and deposit something important. The organisers will leave the area within 15 minutes of the course closing.

We will relocate download from assembly to the finish – please download before you return to the assembly field.

Time limit will be 30 minutes, and prizes will be awarded to the top three in each of the following ten classes

Young Junior Men (M10/12/14),	Senior Men (M/20/21/35),	Super Veteran Men (M55+),
Young Junior Women (W10/12/14),	Senior Women (W20/21/35),	Super Veteran Women (W55+)
Junior Men (M16/18),	Veteran Men (M40/45/50),	
Junior Women (W16/18),	Veteran Women (W40/45/50),	

F. TEAM SCORE RACE – MONDAY 27th AUGUST 2012

CC	Start is adjacent to assembly area	
	Finish is in assembly area	CC

The **team score event** on Monday will have starts between 1015 – 1045hrs.

On courses A, B and C, all three members of the team will start at the same time and will decide who will visit which controls – plus a compulsory spine of 6 controls to be visited by everybody. The objective being to collect the maximum number of points between the three members of the team within a defined period of time. In the event of a tie, the team finishing time will determine the finishing order. There will be three senior courses (A, B and C) and a junior course (D).

In course D, for the youngest juniors, the three runners will all start together, but there will be defined cross-country courses for each runner rather than a score competition.

Pre-entered teams should collect and complete a team declaration form at registration on Sunday afternoon before 1600hrs. Extra forms for team entries will be available from registration subject to map availability. Entry fees are £24.00 for senior teams and £12.00 for junior teams. (Senior members of British Orienteering or Yorkshire & Humberside OA can claim a £6.00 discount on the senior team rate)

Four classes will be available – each in teams of three as follows:

Class		Mass start time	Time limit
A	Open, 120+ teams, all women teams, at least 1 women, Ad hoc	1045hrs	60 mins
B	120+ all women, 160+, Families (2 parents, 1 junior child)	1035hrs	60 mins
C	48- teams, 48- women's teams, Families (1 parent, 2 junior children)	1025hrs	45 mins
D	3 x M/W12	1015hrs	No limit

Score event rules will apply with the number of points gained determining finish order.

Class D teams will have three conventional cross-country courses that are to be run simultaneously. Team members decide between themselves who will run which of the three courses. The combined time of the three runners will be used to define finishing positions. As the combined times of all three runners will determine finishing positions it is essential that finishers go straight to the finish and punch and do not wait for their later team members.

Course D courses will be as follows: (subject to final controlling)

D1	1.6km	yellow standard
D2	1.8km	yellow standard
D3	2.1km	yellow standard

As in the Classic Distance Races, all roads are out of bounds.

G. TERRAIN

White Rose Weekend 2012 Terrain Notes

The terrain used by the two Classic Distance Races, has generally good runnability with limited brambles. Due to previous forestry work there are some brashings present in some of the blocks of woodland, however these should not impede running too much. The area as a whole contains a mix of coniferous plantation and deciduous forest.

There are three distinct areas to Wykeham Forest - the escarpment (Troutsdale Brow), the plateau and Halleykeld Rigg. The escarpment provides a challenge in the form of contour detail and a number of ditches and streams. The plateau offers a network of tracks, paths, rides and forest roads along with a number of thickets, gullies and historical earth works. Halleykeld Rigg is lovely little area that has a lot of features crammed into it as well as a good path network.

Throughout the forest there are a number of tracks and paths that are created by bikes and these frequently change. New paths are created and old ones fall into disuse so competitors may encounter the odd path that is not marked on the map.

Out of Bounds

Forestry Commission have a major nursery operation at Wykeham, and you will see their fields of tiny conifers. All nursery fields are out of bounds and are marked as such on the map. All crossing of fences (that aren't in a ruined condition) is forbidden unless at a marked crossing point.

On the Saturday, longer courses will encounter a Bike track and this is marked as a Forbidden Route with the Purple X symbol. This Bike track may only be crossed and competitors should take a great deal of care when doing so as bikes may be travelling at high speeds and unable to stop.

Spectator Controls

On Sunday, some courses will have a spectator leg in the northern part of the assembly field. Competitors will enter and exit the field via marked crossing points. We welcome people watching fellow competitors through this leg however there will be a barrier in place in front of the control area that spectators must not cross.

Safety

The minor roads through the forest appear quiet and rural. However they can be busy at weekends and traffic can be very fast. Running along roads is not allowed - roads can only be crossed (with care). Running along the roadside verge is permitted. All roads are marked as forbidden routes on the map.

Both days - everywhere

Anything mapped as fight, walk or with the undergrowth screen is best avoided!

H. MAPS & CONTROL DESCRIPTIONS

The **map** prepared for all White Rose 2012 races has been produced from a new survey by Paul Taylor – winner of the Walsh Trophy last year for his map of Ripon City North.

Last used for White Rose Weekend in 2006 and a regional event in 2008, the 2006 orienteering map of the area can be downloaded from the White Rose website. All maps will be printed on Pretex paper so will not be bagged. Map details as follows:

	scale	Contour int.	Size
Sprint Race	1:2000	1m	A4
CD Races – Saturday Black, Brown, Short Brown and Blue	1:10000	5m	A3
CD Races – Saturday all other courses	1:10000	5m	A4
CD Races – all courses	1:10000	5m	A4
Night Score Race	1:7500	5m	A4
Trail-O	1:2500	2.5m	A5
Team Score Races – classes A, B and C	1:10000	5m	A4
Team Score Race – class D	1:5000	5m	A4

Non ISOM symbols:

Black Cross - tripod,
Brown Cross - rootstock more than 2m.
Green Circle - distinctive tree.
Brown triangle - platform

Control descriptions will be printed on maps and loose descriptions will be available in the start lanes of Classic distance races. Loose descriptions will not be available for the sprint, trail-O, night score or team score.

I. LABYRINTH – SATURDAY 25th AND SUNDAY 26th AUGUST 2012

There will be a free orienteering labyrinth/maze for everybody aged from 2 to 92 (or younger) from 1000 – 1400hrs on Saturday and Sunday in the centre of the assembly area. Four courses will be available and you can compete as often as you like.

Any dibber can be used (this race is separate from all the others) or dibbers will be available on loan free of charge.

J. MBO SCORE EVENT

The **MBO score event** on Monday will have starts between 1300 – 1400hrs. Competitors that have not pre-entered for the MBO course will be welcome and will be accommodated subject to map availability. Mountain bikes can be hired from Big Bear Bikes at Pickering on 01751 474220 or www.bigbearbikes.co.uk. Other hire firms are available.

The race is provided by NYMBO (North Yorkshire Mountain Bike Orienteers). This will be a 3-hour score event (with a 2 hour option for novices). Foot-O competitors at White Rose 2012 are welcome at this event and bike hire can be arranged as above. Normal kites with SportIdent electronic punching

The terrain is a variety of tracks in two mature forests plus excellent linking bridleways and minor roads.

Registration is from 1230 – 1345hrs with starts 1300 – 1400hrs and courses close at 1730hrs

Fees are seniors £12.00 and juniors/students £6.00

Full BMBO members deduct £2.00 for insurance

Associate BMBO members deduct £1.00 for insurance

British Orienteering members deduct £1.00

Own SI card – deduct £1.00

Short course – deduct £1.00

Other requirements

- You must wear a helmet at all times.
 - You can compete solo or in pairs
 - Pairs must always stay together and will both carry a SportIdent dibber.
 - Please show courtesy to local residents and visitors.
 - At registration you will receive your SI card (if hired) and description list
 - One minute before you start you will receive a pre-marked, bagged map
 - There are 30 controls worth 525 points
 - Please join BMBO (free) on line beforehand and save time and money at registration
-

K. PRIZES

The **Classic Distance race prize giving** will take place at 1630hrs on Sunday. We will also be awarding prizes here for the Night Score, WR Quiz, Sprint and Trail-O.

The **Team Score event prize giving** will be as soon as possible after 1200hrs on Monday.

The prize giving for all competitions will take place in the assembly field adjacent to the marquee – or inside if wet.

We have tried in recent years to get uncollected prizes to people who choose to leave the event before the prize-giving. Unfortunately, this has been relatively unsuccessful and therefore we have decided that if you cannot stay for the prize giving, you must ask a proxy from your Club (for example) to collect prizes in your behalf. We are sorry, but we cannot arrange for prizes to be passed on after the close of White Rose Weekend 2012.

L. RESULTS

Results will be on display in the assembly field.

Results will also be posted on the White Rose weekend website, www.whiteroseweekend.org.uk each evening. Printed copies will be mailed to those who have paid for them as soon as possible after the event. If you have not prepaid and want a printed copy, please book this and leave £2 at registration.

The website will also include other information after the event including officer's comments, trophy winners, quiz results and RouteGadget©

M. "SMALL PRINT"

We hope that there won't be any **complaints** regarding any part of the competition, however any complaints should be made and will be considered under British Orienteering rule 9 at General Enquiries.

Competitor information and competition details for all events will be processed on computers. Results, including competitor information will be published on the internet. It is not possible to accept entries to this event from competitors that object to their information being used in this way.

In the event of **cancellation** of all or part of the weekend due to unforeseen circumstances, a notice will be posted on the White Rose web site, and an e-mail message sent to all competitors that provided their contact details. In the event of cancellation, we reserve the right to retain all or part of the entry fees to cover costs.

If you believe that an error has been made in processing your **pre-entry**, please contact Suzanne Relton by e-mail to wr2012entries@gmail.com or (if this is not possible) telephone 07803 938171 (before 9pm please). **Late entries** can be made up to 20th August - preferably via Fabian4.

Entry on the Day will be available for all courses, subject to availability of maps.

Safety - Leg cover is compulsory. You will not be allowed to start if you are wearing shorts. This includes the sprint and trail-O. Be careful about ticks, they are very prevalent in this forest.

Whistles are advised. Lone runners should leave their car-keys at General Enquiries.

All competitors and spectators attend the event at their own risk. Despite our remote and rural location, please look after your property and in particular lock any valuables out of sight. Do not leave unattended cars unlocked.

White Rose Weekend cannot accept any liability for injuries, loss or damage to property or persons however caused.