



NYMBO Moors Marathon Route Descriptions

- A 100km with 950m climb
- 0k Start at the Fox and Rabbit. Turn R carefully onto the A169 for 400m then TAKE GREAT CARE as you cross this busy road to turn R down a tarmac (dead-end) minor road. Bear R as the tarmac ends and go down the track, through the field, around the double bend, over the stream then up to the Dalby Forest Drive. Turn R then L after 30m and up the track (tarmac for 300m) passing High Rigg Farm on your right.
- 2k Continue along the track through one gate until you reach the forest road junction at the field corner. Turn R then second sharp L just before the next field corner (on your right) and join the tarmac road after 600m. Bear L for 200m to the road bend then L again and straight on to the junction with the forest drive.
- 5k Straight on for 2km along tarmac then bear L on the gravel track towards Crosscliffe. Take the R fork at the entrance to the car park and bear L as the road bends to the disabled parking at Crosscliffe view point.
- 7k Follow the track along a lovely track by the viewpoint then along the good track keeping the drop on your R with superb views over Langdale Forest and Blakey Topping until you reach the gate at the edge of the forest.
- 10k Through the gate, along the edge of Bridestones Moor until you come to the gate above Newgate Foot. Straight on then bear L along the tarmac lane to Checkpoint 1 at Saltergate Bank
- 13.5k Turn R through gate and follow forest edge for 300m then turn R through gate into rough field. Follow the track curving L along the edge of the escarpment, through a gate, ignore the diagonal path down to the L after a further 300m then down the lovely sloping single track to Malo Cross.
- 15.5k Go straight on into the forest then turn L along the forest road until it bears left where you go through a gate onto MOD land. Turn R and keep close to the forest edge with RAF Fylingdales on your L and down to the gate at the fence corner (felled forest on your R).
- 17.5k Turn R at the 'permissive bridleway' signpost, down and up a concrete track and through the gate. Follow the gravel track keeping the forest on your R, bear L and pass the main track into Langdale Forest then down, through a gate and up the gravel track across the moor keeping the fence on your L. Ignore the singletrack on your R, signposted 'Robin Hood's Bay', and continue for another 700m to Louven Howe.
- 22.5k Go through the main gate in front of you then immediately turn L through the bridlegate and follow the track keeping the fence on your L.
- 24.5k At Foster Howes tumuli carry straight on when a track joins from the L
- 25.5k Bear L as the forest appears in front of you and the track improves, then through another gate after 1k and take care crossing the busy A169 after a further 1k. Follow the track through the heather to Checkpoint 2 at the Breckon Howe crossroads.
- 28k Head straight on towards Beck Hole. Ride down the road for 2km to the bend where you turn R down a gated road past 3 farms, into the woods and over 3 fords. The first one will be dry, the second one won't be and the third one may need to be waded. Please take care as it can be very slippery. Up the slope and into Grosmont, turn L then you cross the railway line by the station
- 32k Straight on under the bridge and out of the village, over the river and bend R on the road then L along a gravel track on the north side of the river. Follow this track for 2km going under the railway and arriving at Egton Bridge.
- 34.5k Turn L, ignore the road on your R, over the river and bend R then straight on at the next bend towards Delves. Along this minor road then uphill and turn R just below the village along the singletrack bridleway through the woods. This is lovely but tricky with the river below you on your R. After 1k turn R at the bridleway junction, over the river to the road by the railway bridge. Turn L and up the road to the pub. Turn R along a minor road to Glaisdale village. It's pretty steep, then turn R on the main street for 400m to the village green.



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- 38.5k Turn L heading S up this minor road to the moors. Go through the gate and straight on along a lovely track past a pond where you bear slightly R then straight over the moors. Keep L just after the memorial and you will reach the tarmac road.
- 42k Bear L for 1.k to Checkpoint 3 at the junction. Bear R along a great singletrack around the head of Great Fryup Dale to the Westerdale road. Turn L to the junction then R to Rosedale Head.
- 50k After 1.5k turn L on the bridleway, crossing the stream before reaching the road again. Turn L, past the Lion Inn, turn R at the road junction to Checkpoint 4 at the road/track junction.
- 54k Turn sharp R along the old railway line and follow it around the head of Farndale for 9k to Checkpoint 5 at Bloworth Crossing.
- 63k Turn L and follow the excellent track along, then down, Rudland Rigg for 10k to the road.
- 73k Straight on for 4k in Gillamoor, Turn L to Checkpoint 6 then R and straight on at the edge of the village to Cockpit Hall, Turn L then bear R to the edge of the woods. Keep the trees on your L for 1k until you reach the road. Straight on for 600m to Checkpoint 7 at the junction then turn L to Ravenswick. Bear L down to the River Dove, cross the bridge then up the track to the road. Bear L for 1.7k to Checkpoint 8 in Hutton-le-Hole.
- 83k Bear R and follow the road to Lastingham then continue to Lower Askew and the Rosedale Abbey road.
- 89k Turn R over the River Seven then up to Cropton village. Turn L through the village and follow this road for 4km passing roads to Sutherland Lodge, Wrelton, Keldy Cabins, Cawthorne Roman Camp and Pickering then straight on as the road bends L. Pass 2 farms then bear R as the tarmac finishes onto a good gravel track for 1k past Haugh Rigg to the track junction.
- 96k Turn L along the track passing 2 farms and a double bend to the Pickering road. Turn L for 200m to Checkpoint 9 at the road junction. Turn R along the tarmac road for 1km then straight on at the bridleway crossing and bear R down a rough gravel track to Farwath Crossing.
- 98k Cross the railway line, through a gate and turn R, through a gate then L in front of the second gate on the edge of the wood as you cross a small stream. Uphill to the corner of the wood then follow the valley bottom uphill (probably on foot) through a gate, up a grassy field keeping to the R of the farm then along the grassy bridleway between a wall and fence, through a gate to the road bend. Straight on to the A169 then TAKE GREAT CARE crossing the road to Finish at the Fox and Rabbit.
(100k)